



ST. ANDREW'S SCHOOLS

THE PRIORY ♦ THE PREP ♦ THE PRESCHOOL

Athletic Participation Checklist

Student Health Record

All student-athletes participating in St. Andrew's Schools athletics are required to have a current physical examination on file BEFORE participating in any athletic activity (including conditioning workouts). Physical examinations must be recorded on the St. Andrew's Student Health Record (Form-14). Any other form will not be accepted.

For athletics, the Student Health Record is valid for one calendar year from the date of the physical examination (e.g. if the physical was taken on January 1, 2019, the form is valid until January 1, 2020).

Medical Insurance

All student-athletes are required to have current medical insurance coverage to be eligible to participate in athletic activities.

ImPACT Baseline Concussion Test & Consent Form

The athletic department requires student-athletes participating in "higher risk" sports listed below to participate and complete the ImPACT Baseline Concussion Management Baseline test before attending any practice/tryout. This testing will be done every two years.

FALL SPORTS

Volleyball

WINTER SPORTS

Soccer

Basketball

Wrestling

Canoe Paddling

SPRING SPORTS

Judo

Softball

Sailing

Waterpolo

Athletic Permission Form

Please read the Athletics Rules and Regulations and ILH policies. Parents and student-athletes must then sign and submit the Athletic Permission Form.

Submit P.E. Credit Forms

Students in Grades 9-12 playing on a Junior Varsity or Varsity ILH team may submit a P.E. credit application to obtain ½ credit toward the PE credits required for graduation. Student-athletes must first apply and then complete all the requirements as stated on the PE application in order to receive this credit. Application must be received no later than one week after the sport tryout/start date (exceptions made for fall sports that begin the first week of school).